

LIST OF ALLERGENS IN THE "TEMAKINHO O MELHOR" FOOD MENU"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE	
*	BOLINHO DE BACHALAU (4 pz o 6 pz)	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	CAMARÃO BAIANINHO (4 pz o 6 pz)	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	CROCANTE (4 pz o 6 pz)	✓	✓	✓	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	MANDIOQUINHA FRITA	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	PASTEL DE CAMARAO (4 pz o 6 pz)	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	PASTEL DE PESCADO MISTO (4 pz o 6 pz)	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
*	PASTEL DE QUEIJO (4 pz o 6 pz)	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
"	TARTARA ATUM PICANTE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TARTARA
"	TARTARA DE SALMÃO GOSTOSO	✓	TRACES	✓	✓	TRACES	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TARTARA
	TARTARA MIXTO SIMPLICIDADE	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TARTARA
	POKE DE SALMÃO COMPLETO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	POKE
	POKE DE SALMÃO COMPLETO PICANTE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	POKE
	POKE MEU AMOR	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	✓	TRACES	TRACES	POKE
	POKE MIXTO COMPLETO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	POKE
	POKE MIXTO COMPLETO PICANTE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	POKE
	ATUM ABACATE	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	ROLL
"	ATUM PHILADELPHIA	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
*	CAMARÃO ABACATE	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
* "	CAMARÃO CARIOCA	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	ROLL
*	CAMARÃO EMPANADO	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
"	PIONEIRO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	ROLL
*	RIO BANANAL	✓	TRACES	✓	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
"	SALMÃO ABACATE	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
*	SALMÃO COM CAMARÃO	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
*	SALMÃO EMPANADO	✓	TRACES	✓	✓	TRACES	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
"	SALMÃO GOSTOSO	✓	TRACES	✓	✓	TRACES	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
"	SALMÃO MEXICANO	✓	TRACES	✓	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ROLL
"	SALMÃO PHILADELPHIA	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	ROLL
*	VIOLETA	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	ROLL
"	ATUM PHILADELPHIA	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TEMAKI
* "	CAMARÃO CARIOCA	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TEMAKI
*	CAMARÃO EMPANADO	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TEMAKI

DISHES		CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE
	COCA COLA ZERO	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS FRIAS
	GUARANA*	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS FRIAS
	CAIPIRINHA CLASSICA	/	/	/	/	/	/	/	/	/	/	/	✓	/	/	BEBIDAS FRIAS
	CAIPIFRUTAS	/	/	/	/	/	/	/	/	/	/	/	✓	/	/	BEBIDAS FRIAS
✓	<i>In the Allergen List in the "Temakinho O Melhor" Food Menu, you will find highlighted with a bold flag all the allergens present in our dishes</i>															
TRACES	<i>We remember that the total absence of cross contamination in menu preparation is not excluded</i>															
*	ALL FRIED DISHES	MAY CONTAIN THE FOLLOWING ALLERGENS: CEREALS, CRUSTACEANS, EGGS, FISH, SOY, MILK AND PRODUCT THEREFOR, NUTS, MUSTARD, SESAME SEEDS, SULPHURE DIOXIDE AND SULPHITES E MOLLUSCS.														
"	TOBIKKO ORANGE (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY * Warning; may contains food colorants that may have an effect of childs activity level														
"	TOBIKKO YELLOW (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: FISH * Warning; may contains food colorants that may have an effect of childs activity level														
	"TEMAKINHO" SOY SAUCE	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES														
	GINGER "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: /														
	WASABI "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD														

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE	
	CIPOLLA CROCCANTE	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	PLATANO CHIPS	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	NACHOS	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA DI BANANA PICCANTE	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA MAIONESE VERDE HOMEMADE	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA MAIONESE WASABI HOMEMADE	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA MAIONESE PICCANTE HOMEMADE	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	EXTRA
	SALSA CEVICHE HOMEMADE	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA POKE HOMEMADE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	EXTRA
	SALSA DI SOIA TEMAKINHO HOMEMADE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	EXTRA
	SALSA SRIRACHA	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA TERIAKY	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALSA KIMCHI	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	SALMONE MARINATO CON SALSA POKE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	EXTRA
	TONNO MARINATO CON SALSA POKE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	EXTRA
	CAPPESANTE SALTATE EXTRA	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	EXTRA
*	MAZZANCOLLE TROPICALI IMPANATE	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	TOFU AL NATURALE	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	TOFU MARINATO CON SALSA POKE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	EXTRA
	FAGIOLI NERI	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	RISO BIANCO TEMAKINHO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	EXTRA
	RISO BIANCO	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
	RISO NERO	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
✓	<i>In the Allergen List in the Pokinho Menu, you will find highlighted with a bold flag all the allergens present in our dishes</i>															
TRACES	<i>We remember that the total absence of cross contamination in menu preparation is not excluded</i>															
*	ALL FRIED DISHES	MAY CONTAIN THE FOLLOWING ALLERGENS: CEREALS, CRUSTACEANS, EGGS, FISH, SOY, MILK AND PRODUCT THEREFOR, NUTS, MUSTARD, SESAME SEEDS, SULPHURE DIOXIDE AND SULPHITES E MOLLUSCS.														
"	TOBIKKO ORANGE (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY * Warning; may contains food colorants that may have an effect of childs activity level														
"	TOBIKKO YELLOW (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: FISH * Warning; may contains food colorants that may have an effect of childs activity level														
	"TEMAKINHO" SOY SAUCE	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES														
	GINGER "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: /														
	WASABI "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD														

LIST OF ALLERGENS IN THE "TEMAKINHO FOOD MENU"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE	
	* BOLINHO DE BACHALAU (4 pz o 6 pz)	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
* CAMARÃO BAIANINHO (4 pz o 6 pz)	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS	
* CROCANTE (4 pz o 6 pz)	✓	✓	✓	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS	
* MANDIOQUINHA FRITA	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	PETISCOS	
* " MAREZIA	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	PETISCOS
* PASTEL DE CAMARAO (4 pz o 6 pz)	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
* PASTEL DE PESCADO MISTO (4 pz o 6 pz)	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
* PASTEL DE QUEIJO (4 pz o 6 pz)	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	PETISCOS
CHURRASCO DE Picanha	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	LA NOSTRA CARNE BIO
Picanha Brasileira	TRACES	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	LA NOSTRA CARNE BIO
GRAMADO	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	LA NOSTRA CARNE BIO
CEVICHE DE PESCADO	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	CEVICHE
CEVICHE MIXTO	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	CEVICHE
POKE DE SALMÃO COMPLETO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	POKE
POKE DE SALMÃO COMPLETO PICANTE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	POKE
POKE MIXTO COMPLETO	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	POKE
POKE MIXTO COMPLETO PICANTE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	POKE
POKE MEU AMOR	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	✓	TRACES	TRACES	TRACES	POKE
POKE REFINADO	✓	✓	✓	✓	TRACES	✓	TRACES	✓	TRACES	✓	✓	✓	TRACES	✓	TRACES	POKE
TARTARE ATUM CREMOSO	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TARTARA
" TARTARA DE SALMÃO GOSTOSO	✓	TRACES	✓	✓	TRACES	✓	✓	✓	TRACCE	TRACCE	✓	TRACES	TRACES	TRACES	TRACES	TARTARA
TARTARA SIMPLICIDADE	TRACES	TRACES	TRACES	✓	TRACES	TRACCE	TRACCE	TRACCE	TRACCE	TRACCE	TRACCE	TRACES	TRACES	TRACES	TRACES	TARTARA
" TARTARE DE ATUM CROCANTE	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TARTARA
TARTARE SALMONE SEMPLICE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TARTARA
AMARELO	✓	TRACES	✓	TRACES	✓	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TEMAKI O ROLL
ATLANTICO	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	ROLL
ATUM ABACATE	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	ROLL
" ATUM PHILADELPHIA	✓	TRACES	TRACES	✓	TRACES	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TEMAKI O ROLL
* CAMARÃO ABACATE	✓	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TEMAKI O ROLL
* " CAMARÃO CARIOCA	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TEMAKI O ROLL

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE	
BASE TIRAMISU'	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	SOBREMESAS
CREMA MASCARPONE	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	SOBREMESAS
RICCIOLI CIOCCOLATO NERO	TRACES	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	SOBREMESAS
PRALINA CIOCCOLATO	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	SOBREMESAS
ABACAXI & MAMAO / MANGO & FRAGOLE	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	SOBREMESAS
EXTRA RISO	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA TERIAKY	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA MAIONESE PICCANTE	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA CEVICHE	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA SRIRACHA	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA MAIONESE VERDE	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA MAIONESE WASABI	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
MAIS CANCHA	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
IKURA	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	EXTRA
ALGA WAKAME	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	EXTRA
EDAMAME E EXTRA EDAMAME	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA MAIONESE GIAPPONESE	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
SALSA DI BANANA PICCANTE	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
NACHOS	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	EXTRA
✓	<i>In the Allergen List in the Temakinho Food Menu, you will find highlighted with a bold flag all the allergens present in our dishes</i>															
TRACES	<i>We remember that the total absence of cross contamination in menu preparation is not excluded</i>															
*	ALL FRIED DISHES	MAY CONTAIN THE FOLLOWING ALLERGENS: CEREALS, CRUSTACEANS, EGGS, FISH, SOY, MILK AND PRODUCT THEREFOR, NUTS, MUSTARD, SESAME SEEDS, SULPHURE DIOXIDE AND SULPHITES E MOLLUSCS.														
"	TOBIKKO ORANGE (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY * Warning; may contains food colorants that may have an effect of childs activity level														
"	TOBIKKO YELLOW (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: FISH * Warning; may contains food colorants that may have an effect of childs activity level														
	"TEMAKINHO" SOY SAUCE	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES														
	GINGER "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: /														
	WASABI "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD														

LIST OF ALLERGENS IN THE "TEMAKINHO CRIANCAS MENU"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO2	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE	
*	MENU' POKE LOUCO	✓	✓	✓	✓	TRACES	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	MENU' CRIANCAS	
*	MENU' VEGETARIANO	✓	TRACES	✓	TRACES	TRACES	✓	✓	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	MENU' CRIANCAS
*	MENU' MINI FRANGO	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	MENU' CRIANCAS
	SPREMUTA D'ARANCIA	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS
	COCA COLA	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS
	COCA ZERO	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS
	ACQUA IN LATTINA	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS
	ACQUA POTABILE TRATTA CON FRUTTA DI STAGIONE	/	/	/	/	/	/	/	/	/	/	/	/	/	/	BEBIDAS
✓	<i>In the Allergen List in the Crianças Menu, you will find highlighted with a bold flag all the allergens present in our dishes</i>															
TRACES	<i>We remember that the total absence of cross contamination in menu preparation is not excluded</i>															
*	<i>ALL FRIED DISHES</i>	MAY CONTAIN THE FOLLOWING ALLERGENS: CEREALS, CRUSTACEANS, EGGS, FISH, SOY, MILK AND PRODUCT THEREFOR, NUTS, MUSTARD, SESAME SEEDS, SULPHURE DIOXIDE AND SULPHITES E MOLLUSCS.														
"	<i>TOBIKKO ORANGE (fish roe)</i>	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY * Warning; may contains food colorants that may have an effect of childs activity level														
"	<i>TOBIKKO YELLOW (fish roe)</i>	CONTAINS THE FOLLOWING ALLERGENS: FISH * Warning; may contains food colorants that may have an effect of childs activity level														
	<i>"TEMAKINHO" SOY SAUCE</i>	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES														
	<i>GINGER "TEMAKINHO"</i>	CONTAINS THE FOLLOWING ALLERGENS: /														
	<i>WASABI "TEMAKINHO"</i>	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD														

LIST OF ALLERGENS IN THE "ESPECIAL DISHES"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO2	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE
	* "	ROLL CAJUZINHO	✓	✓	✓	✓	✓	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES
	BAO DE CHOCOLATE	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	ESPECIAL
*	CAMARAO NA CASQUINHA	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	✓	ESPECIAL
	YAKISOBA NIKKEI	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	✓	ESPECIAL
"	FLORES DEL ALMA	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	ESPECIAL
*	BOLINHO DE SALMAO	✓	TRACES	✓	✓	TRACES	✓	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ESPECIAL

✓

In the Allergen List in the "Especial Dishes", you will find highlighted with a bold flag all the allergens present in our dishes

TRACES

We remember that the total absence of cross contamination in menu preparation is not excluded

*	ALL FRIED DISHES	MAY CONTAIN THE FOLLOWING ALLERGENS: CEREALS, CRUSTACEANS, EGGS, FISH, SOY, MILK AND PRODUCT THEREFOR, NUTS, MUSTARD, SESAME SEEDS, SULPHURE DIOXIDE AND SULPHITES E MOLLUSCS.
"	TOBIKKO RED (fish roe)	CONTAINS THE FOLLOWING ALLERGENS: FISH * Warning; may contains food colorants that may have an effect of childs activity level
	"TEMAKINHO" SOY SAUCE	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES
	GINGER "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: /
	WASABI "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD

LIST OF ALLERGENS IN THE "LUNCH MENU"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO2	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE
YAKISOBA SALMAO CON CAMARAO	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	TRACES	✓	ESPECIAL
YAKISOBA AMORE E LEGUMES	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	TRACES	✓	ESPECIAL
YAKISOBA DE FRANGO PICANTE	✓	✓	✓	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	✓	TRACES	✓	ESPECIAL
RAMEN DO MAR COMPLETO	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	ESPECIAL
RAMEN DO MAR PICANTE	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	ESPECIAL

✓

In the Allergen List in the "Lunch Menu, you will find highlighted with a bold flag all the allergens present in our dishes

TRACES

We remember that the total absence of cross contamination in menu preparation is not excluded

"TEMAKINHO" SOY SAUCE

CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES

GINGER "TEMAKINHO"

CONTAINS THE FOLLOWING ALLERGENS: /

WASABI "TEMAKINHO"

CONTAINS THE FOLLOWING ALLERGENS: MUSTARD

LIST OF ALLERGENS IN THE "RIQUEZAS DE INVERNO MENU"

DISHES	CEREALS CONTAINING GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES AT CONCENTRATIONS OF MORE THAN 10 mg/kg or 10 mg/litre IN TERMS OF THE TOTAL SO ₂	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF	DISHES TYPE
	PAIXAO DE SALMAO	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES
CORVINA BONDADE	✓	TRACES	✓	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	SUSHI JOE
RED CAMARAO	✓	✓	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	SUSHI JOE
BLACK COD	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	SUSHI JOE
REI CARANGUEJO	✓	✓	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	SUSHI JOE
TIRADITO CORVINA	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TIRADITOS
TIRADITO BLACK COD	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	TIRADITOS
LULA BAIANA	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	✓	TRACES	TRACES	✓	✓	TRACES	TRACES	SPECIAL
SALMAO NAMBANZUKE	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	SPECIAL
CORVINA ABACATE TARTARE	TRACES	TRACES	TRACES	✓	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	TRACES	TRACES	SPECIAL
MANGO MARINATED BLACK COD	✓	TRACES	TRACES	✓	TRACES	✓	TRACES	TRACES	TRACES	TRACES	✓	✓	TRACES	TRACES	SPECIAL
✓	<i>In the Allergen List in the "Riquezas de Inverno Menu, you will find highlighted with a bold flag all the allergens present in our dishes</i>														
TRACES	<i>We remember that the total absence of cross contamination in menu preparation is not excluded</i>														
	"TEMAKINHO" SOY SAUCE	CONTAINS THE FOLLOWING ALLERGENS: CEREALS, FISH, SOY, SULPHURE DIOXIDE AND SULPHITES													
	GINGER "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: /													
	WASABI "TEMAKINHO"	CONTAINS THE FOLLOWING ALLERGENS: MUSTARD													